

National Online Survey of Children's Well-being During the COVID-19 Pandemic in Japan

– Interim Report –

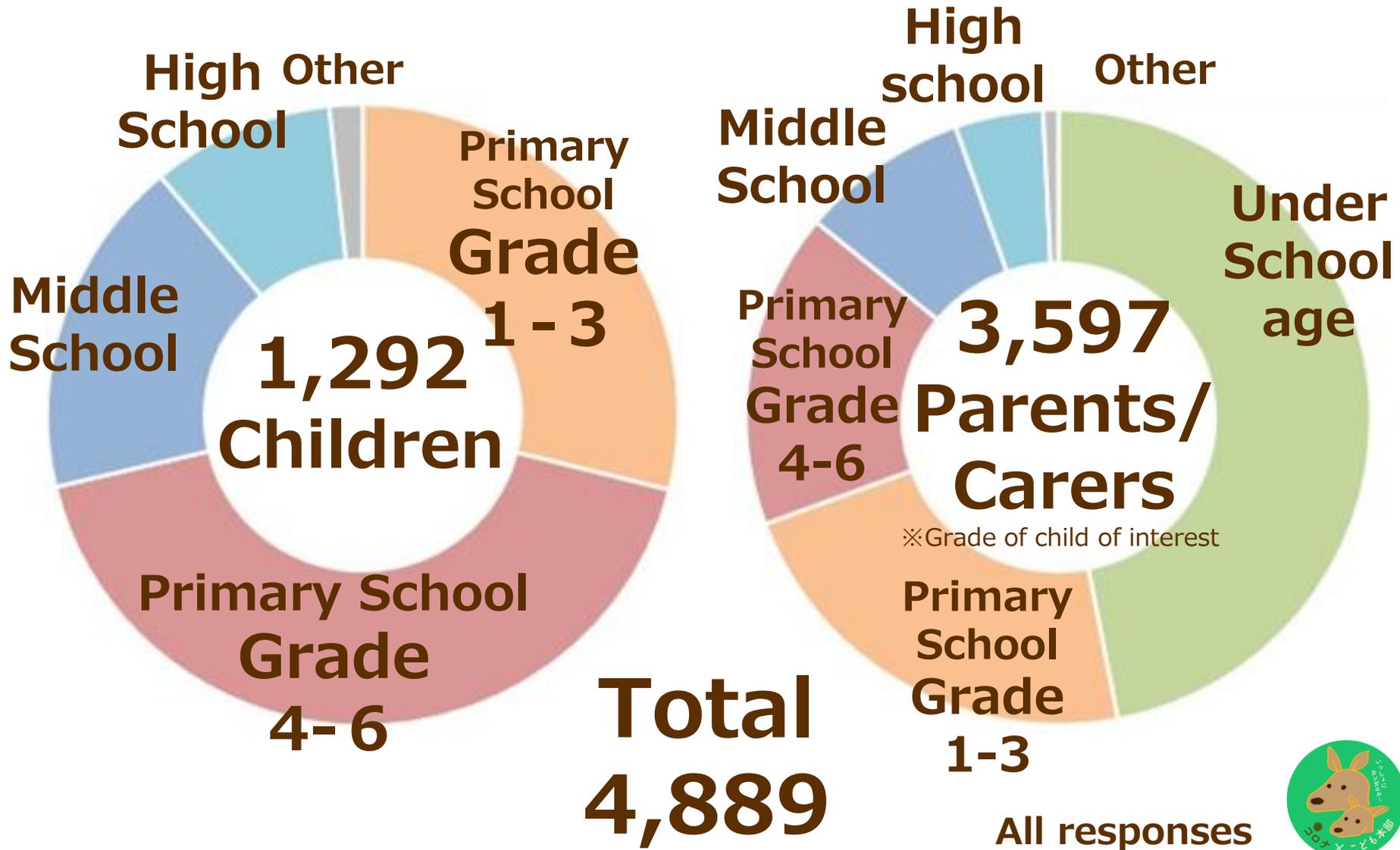
Based on survey responses
from April 30 to May 5

Report Date : May 12, 2020



CORONA-CODOMO

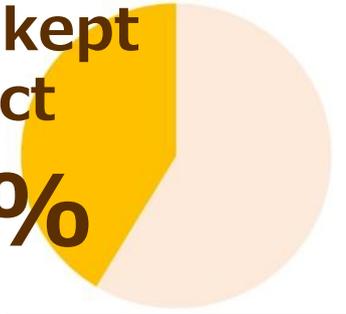
THANK YOU for your participation !



Children's concerns

Haven't kept contact

41%



1 st Can't meet friends (76%)

2 nd Can't go to school (64%)

3 rd Can't play outside (51%)

4 th Worried about study (50%)

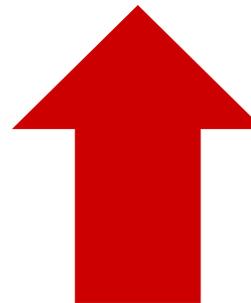
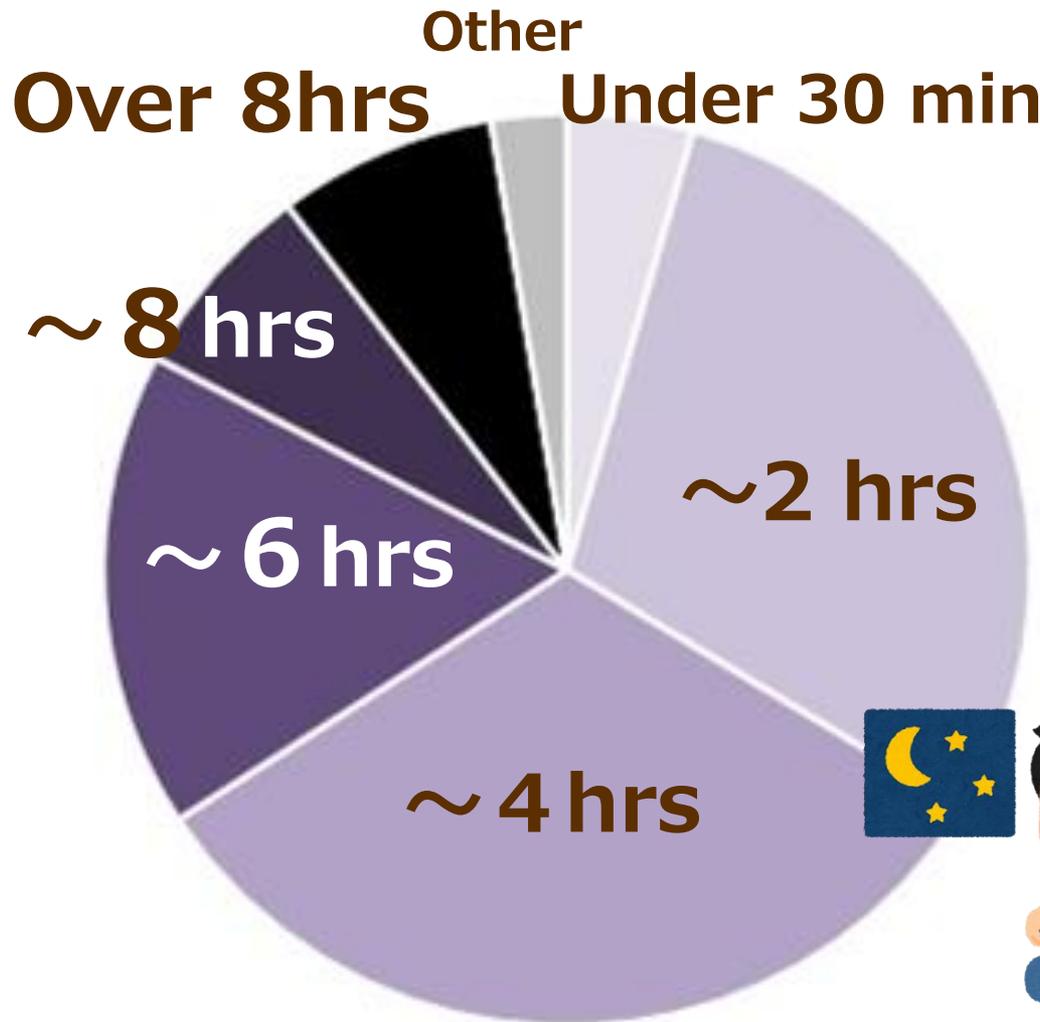
5 th Can't do exercises (44%)

So true!
We would like you
to be able to meet
your dear friends
soon.

Summary of children's responses
Multiple choices allowed



Screen time (TV, phones, games)



Increased from last year

74%

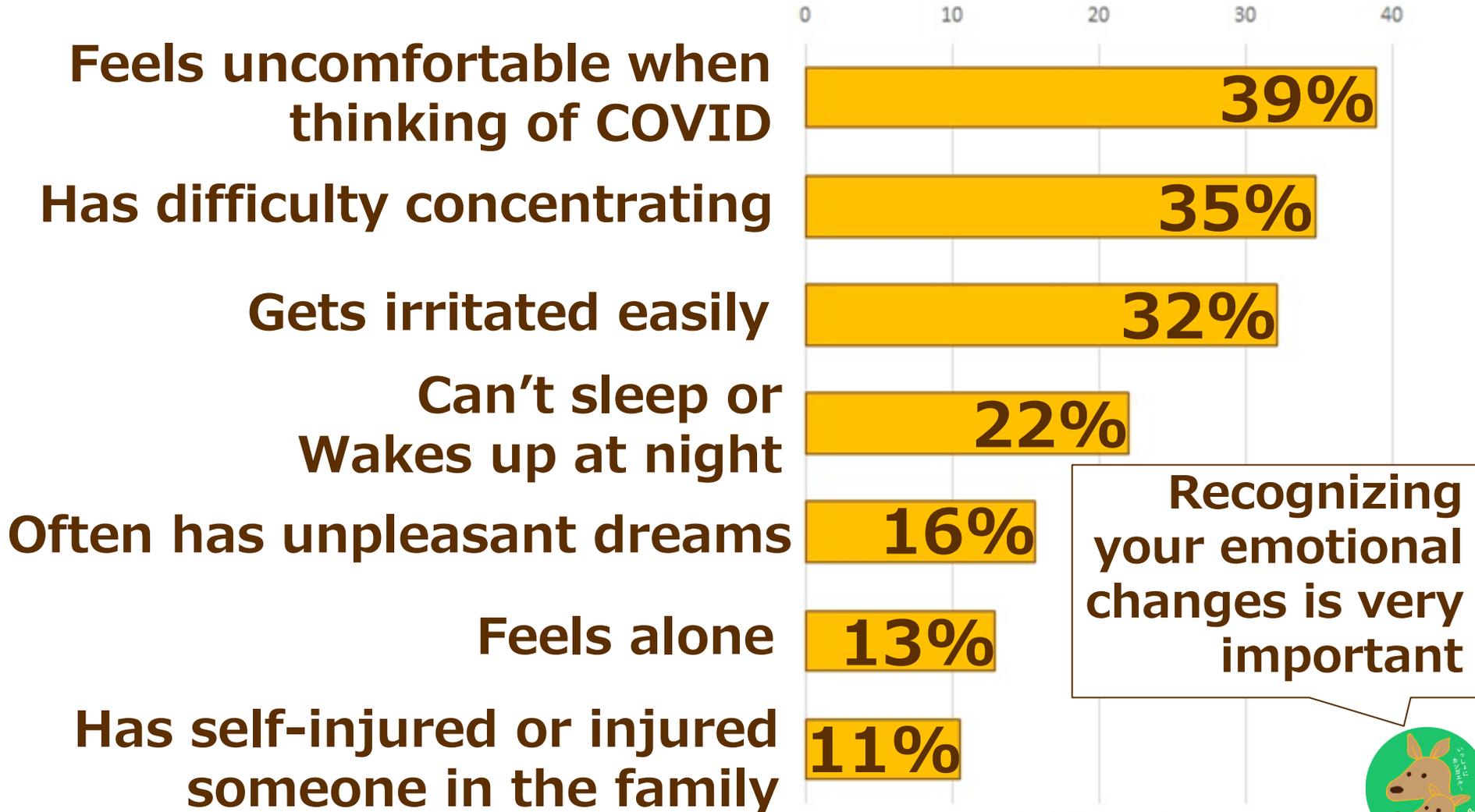
Setting rules on screen time & content, and enjoying together would be nice!



Summary of children's responses



Influence on children's mental health



Summary of children's responses



What children want to know / talk about

How not to catch COVID (46%)



About school and study (44%)

About friends (27%)

Have you been expressing your thoughts to someone?
Don't take it all on yourself.

About one's mind and body (23%)

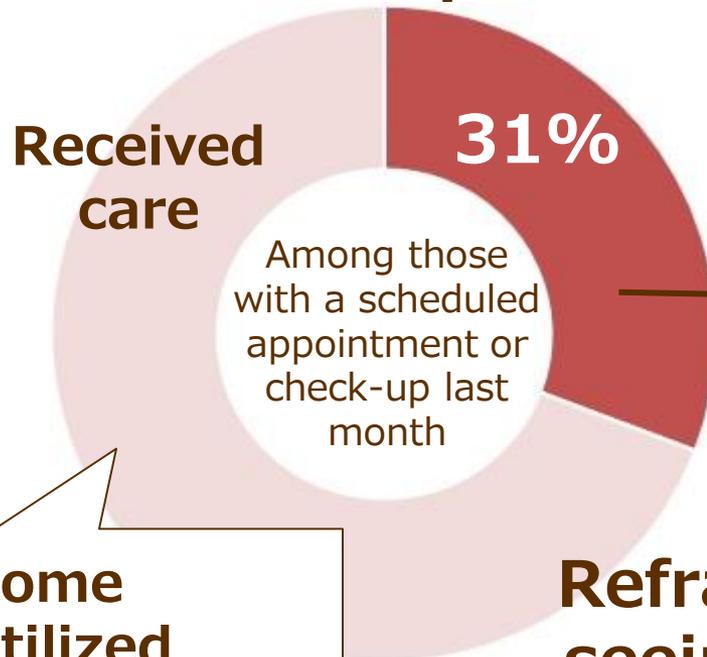
About one's family (19%)



Delay in receiving medical care

medical care for the last month

Scheduled Visits and Checkups

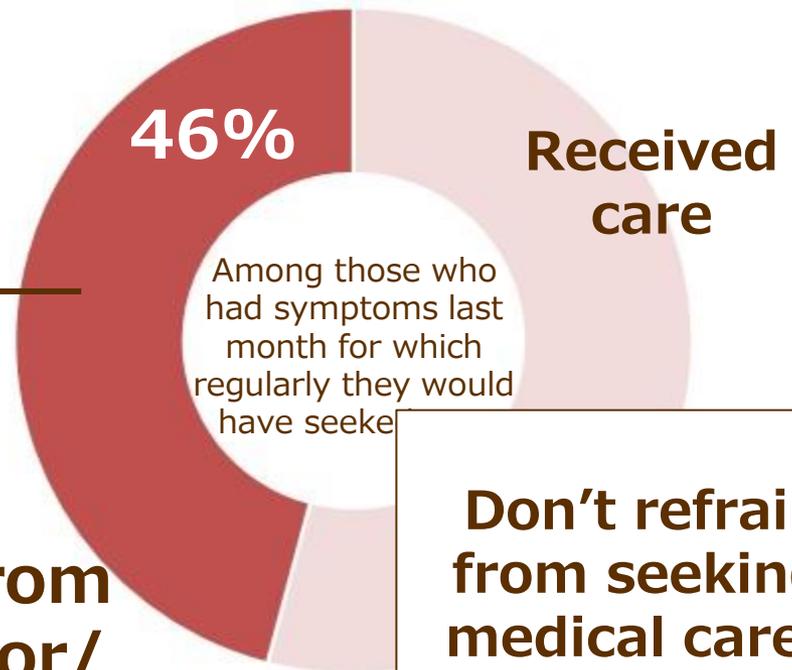


Among those with a scheduled appointment or check-up last month

Some utilized telemedicine

Refrained from seeing doctor/ could not receive care

Visits for Symptoms



Among those who had symptoms last month for which regularly they would have sought

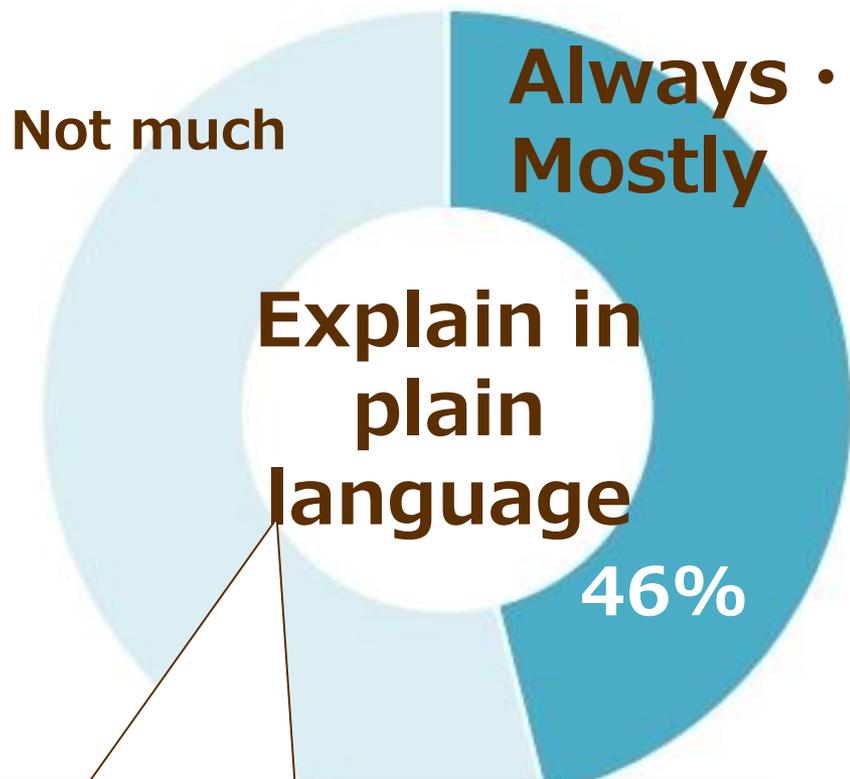
Don't refrain from seeking medical care!

Summary of parents/carers responses

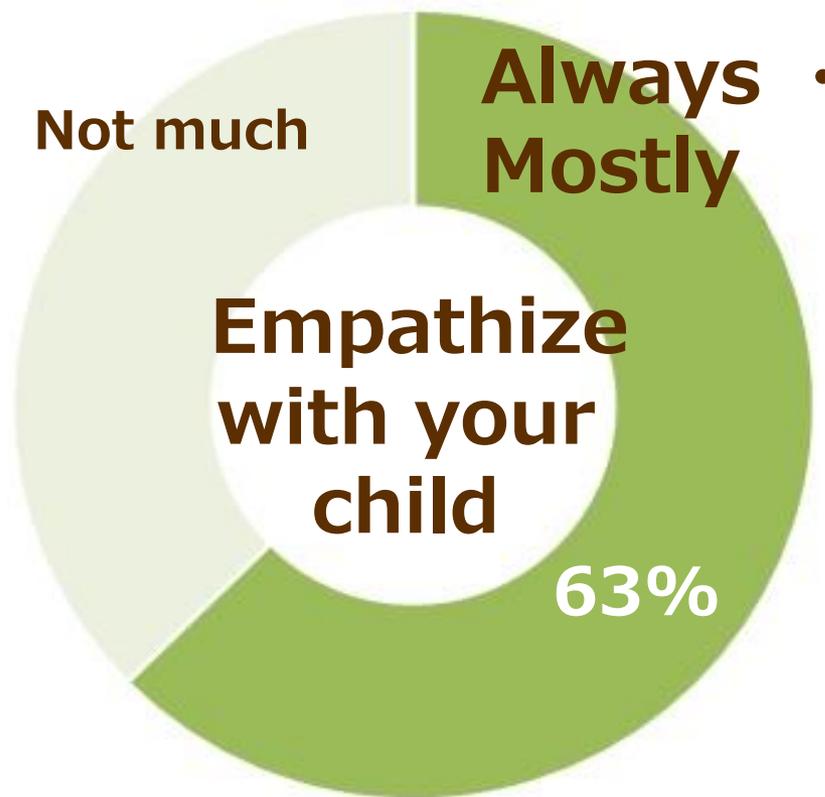


Interacting with your child

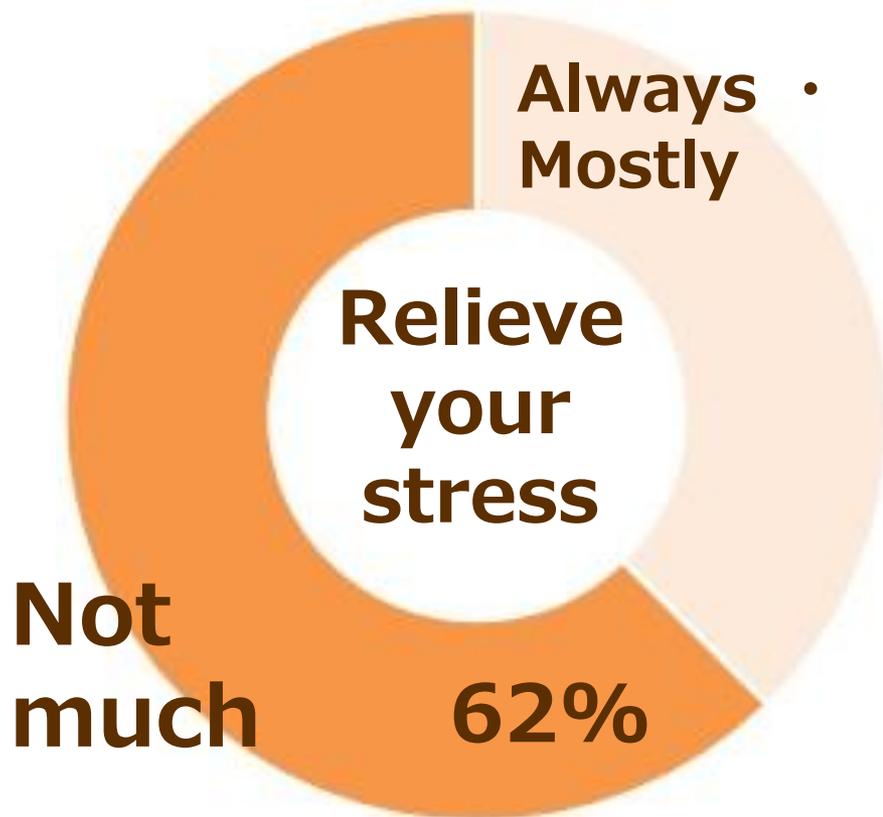
Children will be relieved ♡



Try explaining about COVID like this, too !



Carer's mental health is important too



Carer's mental health influences children's mental health

Find your favorite stress-reliever strategy !



What carers want to know

Under school age



In door **activities and exercises** (72%)

About **restrictions to go out** (59%)

How to interact with one's kids (50%)

Lower school



Academic support (75%)

Children's **mental health** (50%)

Middle / High School



Academic support (64%)

