Digest Report of the 6th Wave

Based on survey responses from September 13 to 30, 2021
THANK YOU for your participation!

Children

- 1,271
- Primary School Grade 1–3
- Middle School
- High School

Guardians

- 5,807
- Babies & Toddlers; Age 0–2
- Preschoolers; Age 3–5
- Grade of child of interest
- Middle School
- Grade 1–3
- Grade 4–6

Total 7,078
### Children’s Mental Health

<table>
<thead>
<tr>
<th>Issue</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feel uncomfortable when thinking of COVID</td>
<td>38%</td>
</tr>
<tr>
<td>Has difficulty concentrating</td>
<td>26%</td>
</tr>
<tr>
<td>Gets irritated easily</td>
<td>28%</td>
</tr>
<tr>
<td>Can’t sleep or wakes up at night</td>
<td>20%</td>
</tr>
<tr>
<td>Often has unpleasant dreams</td>
<td>15%</td>
</tr>
<tr>
<td>Feels alone</td>
<td>11%</td>
</tr>
<tr>
<td>Has self-injured or injured someone in the family</td>
<td>14%</td>
</tr>
</tbody>
</table>

Slightly better than before? But still need to be careful.
Do You Ever Want to Skip School?

Summary of children’s responses

Always 7%
Mostly 5%
Sometimes 19%
Never (Always want to go to school) 43%
Almost never 18%
Don’t know/don’t want to answer

More than one in three students at least sometimes wanted to skip school. It is important to stand with them.
Exercise

Q. During the past week, how much did you exercise, including physical education classes at school and club activities?

- Not at all: 10%
- Almost everyday, less than 30 mins: 11%
- Almost everyday, 30 mins to 2 hours: 27%
- A few times: 47%
- More than 2 hours daily: 4%

Many do not have enough opportunities to exercise.
Q. There may be times when schools are closed during the pandemic. How would you feel if you were told, “We’ll switch to online classes”?

Children’s feelings toward online classes varied.
Online Classes from Guardians’ View

Worried about reduced chances to meet their friends 70%
Worried about their lack of exercise 62%
Worried about their study 55%
Worried about setting up the env. (ex private room) 21%
Worried about setting up devices and/or internet env. 8%
Happy with reduced burden on child 22%
Happy with lower risk of infection 70%

Guardians have various concerns as well as expectations.
Want to be Vaccinated against COVID?

Q. Do you want to get vaccinated for COVID-19 right away as soon as it becomes available?

(If you have already been vaccinated, please tell us how you felt before the vaccination.)

Correct information about vaccination should be given to all. Every opinion should be respected.
Reason Why I Want to be Vaccinated

- It makes me and the people around me feel safe.  
  (by a 5th grade girl)

- Because I want the pandemic to be over as soon as possible.  
  (by a 1st grade girl)

- Because I want to be able to do club activities and sports festivals, And I want to go on the school trip.  
  (by a 7th grade boy)

- Then I can see my grandma.  
  (by a 6th grade girl)

- I decided to do what I could.  
  (by a 12th grade girl)

- If I do not get the vaccine, others are going to pick on me about it.  
  (by a 5th grade girl)
Reason Why I Do Not Want to

Because we can not predict adverse reactions or long-term effects on our bodies.  
(by an 8th grade girl)

It is a hastily made vaccine.  
(by a 3rd grade girl)

Right now, there are a lot of opinions, both for and against the vaccine, and I am confused.  
I can get vaccinated if I want to, so I am going to wait and see.  
(by a 12th grade girl)

Because it hurts.  
(by a 1st grade girl)

I feel like I will loosen up if I am vaccinated.  
(by a 5th grade girl)

I already had COVID-19, and recovered without getting seriously ill.  
I would like to be vaccinated if I am ever restricted in my activities by not being vaccinated.  
(by a 9th grade boy)