

National Online Survey of Children's Well-being  
During the COVID-19 Pandemic in Japan

 **CORONA-CODOMO** Survey

Part 5

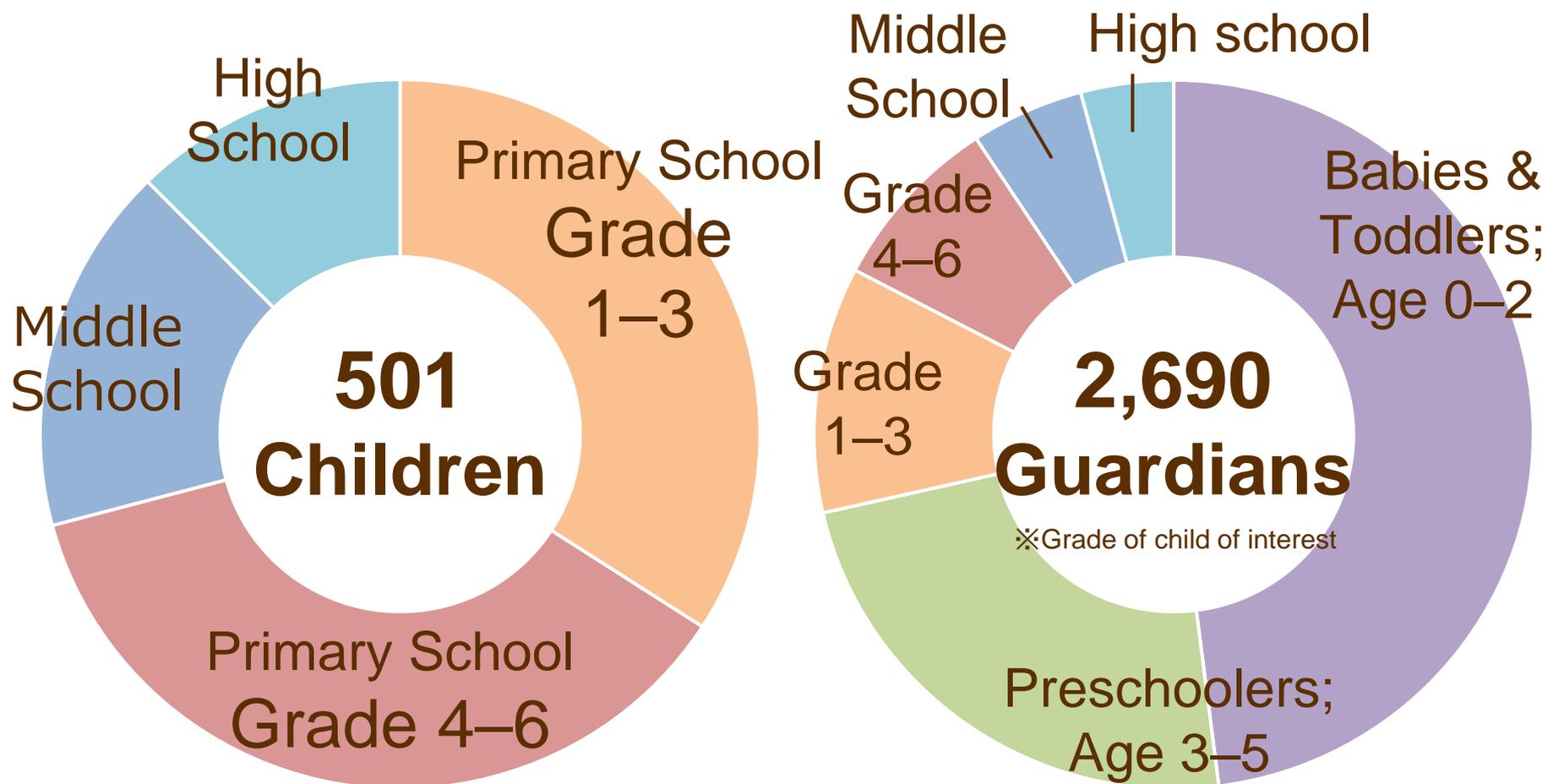


# Digest Report of the 5<sup>th</sup> Wave

Based on survey responses from February 19 to March 31, 2021

English Version Report Date : June 8, 2021

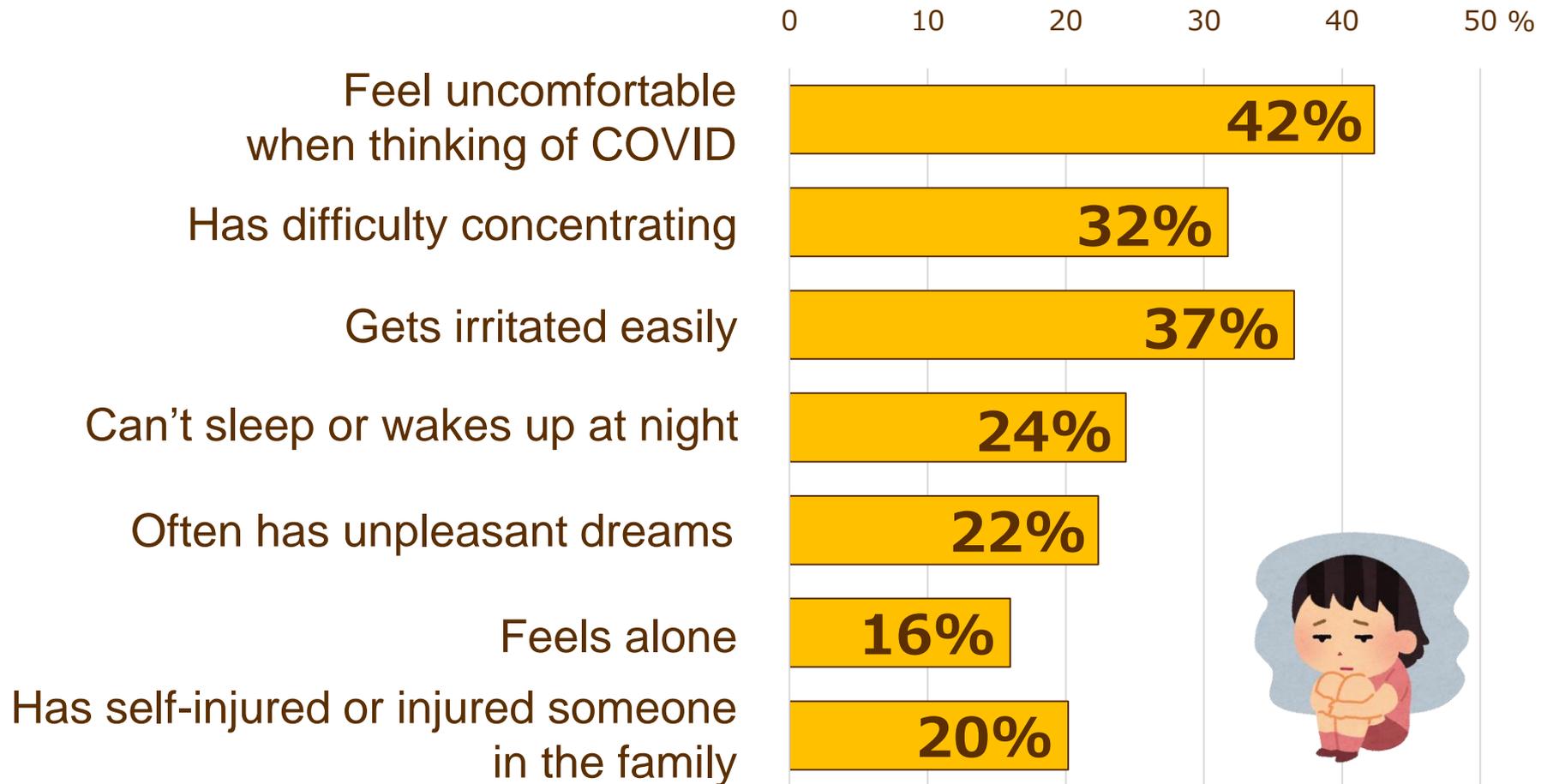
# THANK YOU for your participation !



## Total 3,191



# Children's Mental Health



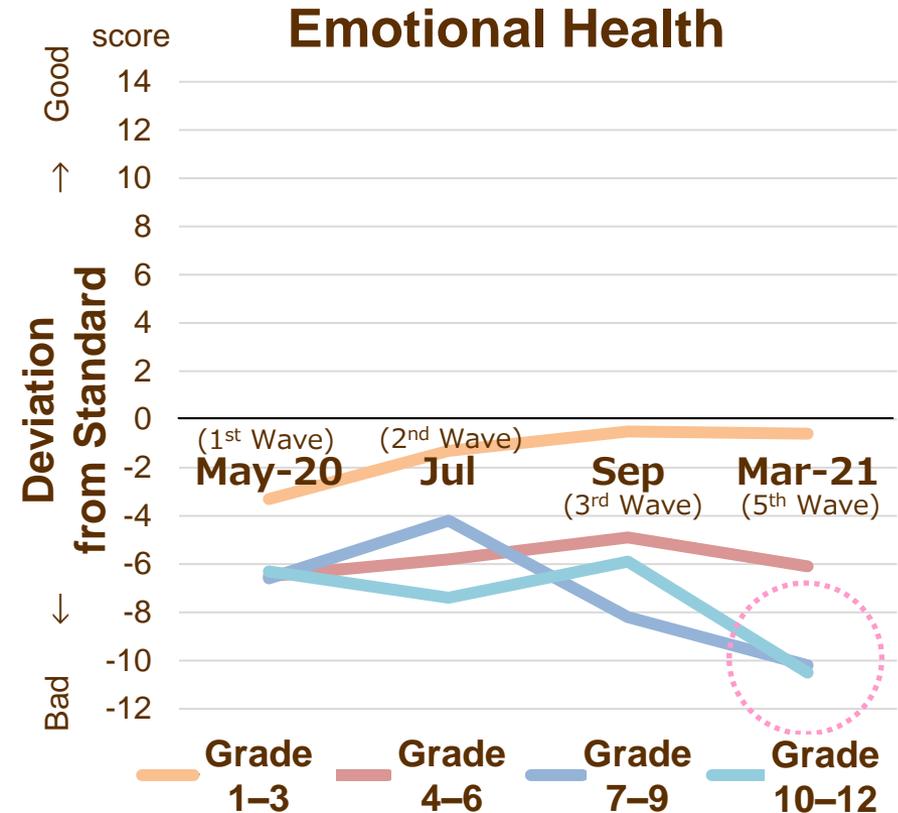
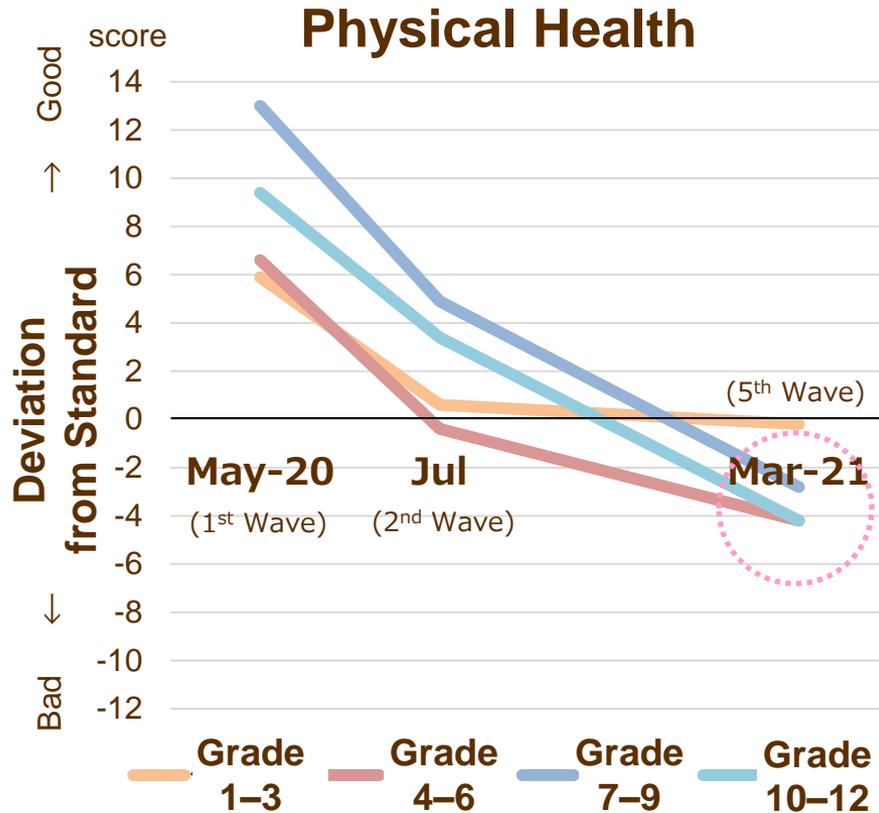
Be careful not to overlook children's stress symptoms.



# Physical & Emotional Health

\*1. Measured by Kid- & Kiddo- KINDL<sup>R</sup> Japanese Version.

\*2. The mean value for each wave and each age group minus the standard mean value of past literature is plotted.



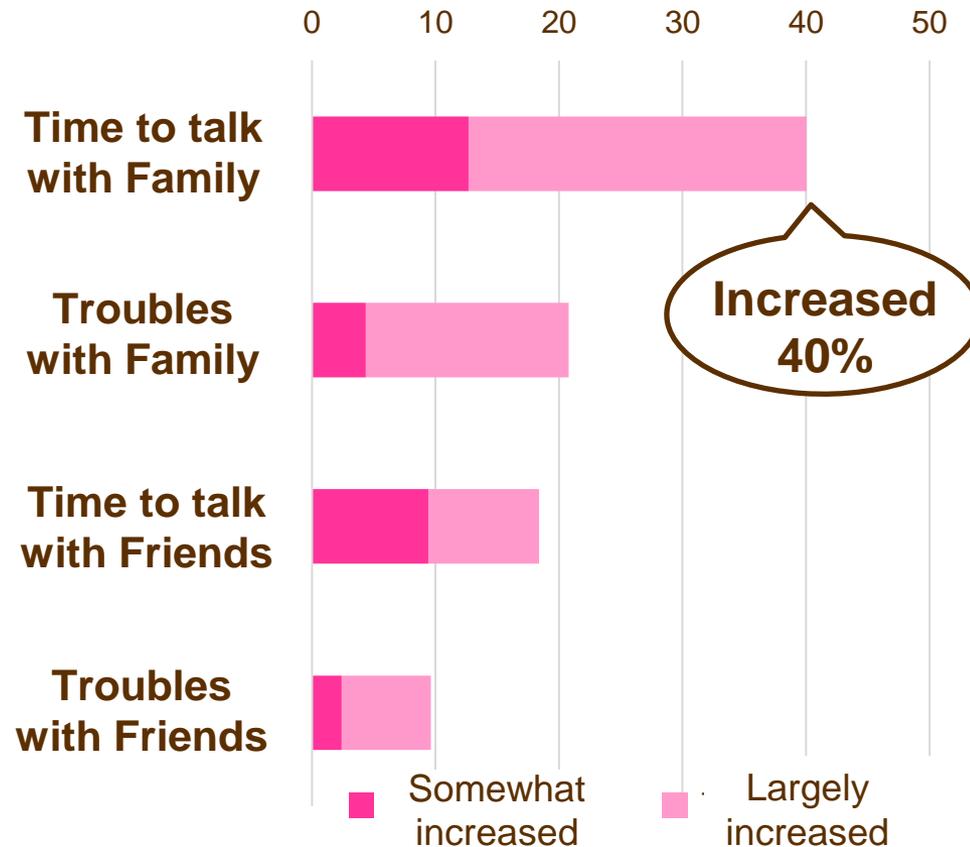
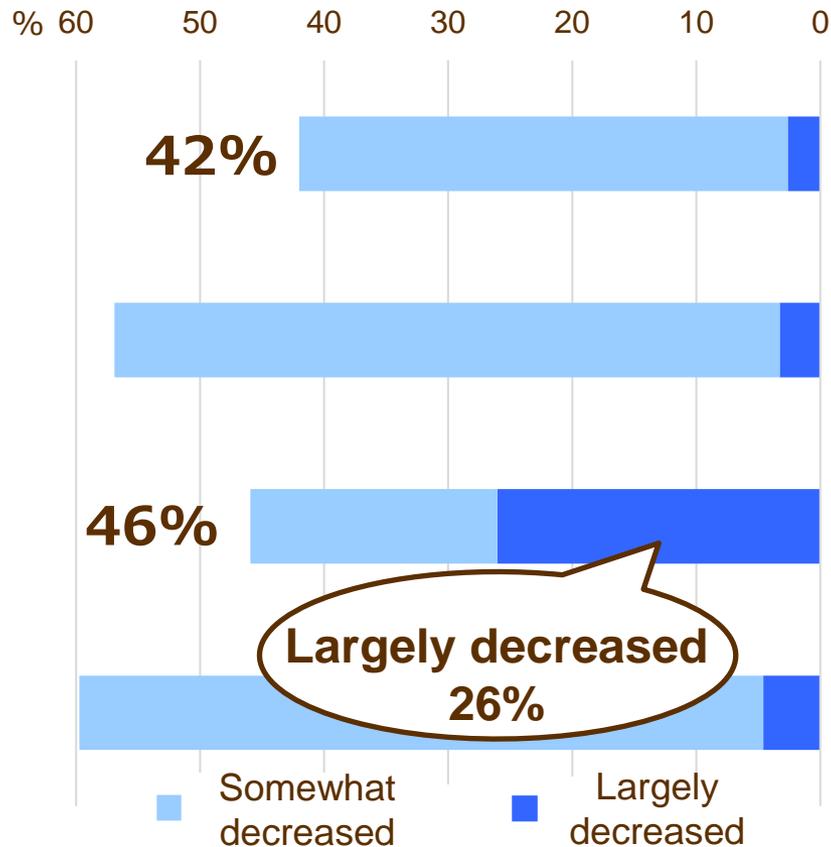
Children's well-being may be on the decline\*.

\*Comparison with the same survey items in the 1st to 3rd CORONA-CODOMO Survey. The target population is not the same.



# Effects of CORONA: Family & Friends

\*Answered as a change due to the COVID-19 pandemic.

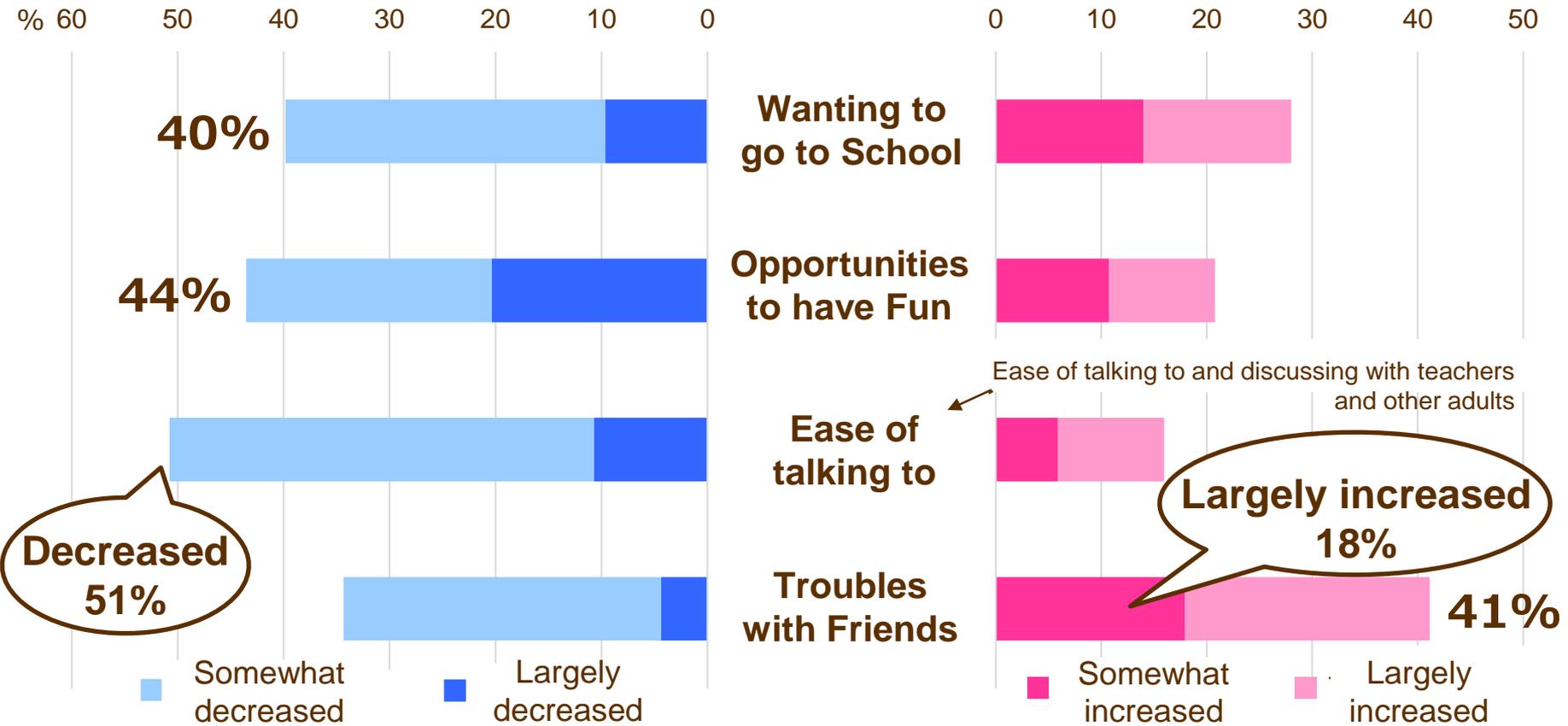


Having less time to talk with dear people is sad...



# Effects of CORONA: School & Others

\*Answered as a change due to the COVID-19 pandemic.



Decreased  
51%

Largely increased  
18%

Relationship and environment to talk easily are needed.



# Thoughts on the Year in Review

I felt like I was being **restricted** in my activities and emotions always for Corona issues. The adults seemed to be going thorough a lot, too, which made it **hard** for me to talk to them. Everyone always seemed to be **annoyed inside**, even when they were laughing.

(by a 6<sup>th</sup> grade girl)

It was a year of a lot of **patience**.

(by a 5<sup>th</sup> grade girl)

My mind is nearing its **limit**.

(by a 7<sup>th</sup> grade boy)

I tried to find some fun in the face of many restrictions for Corona.

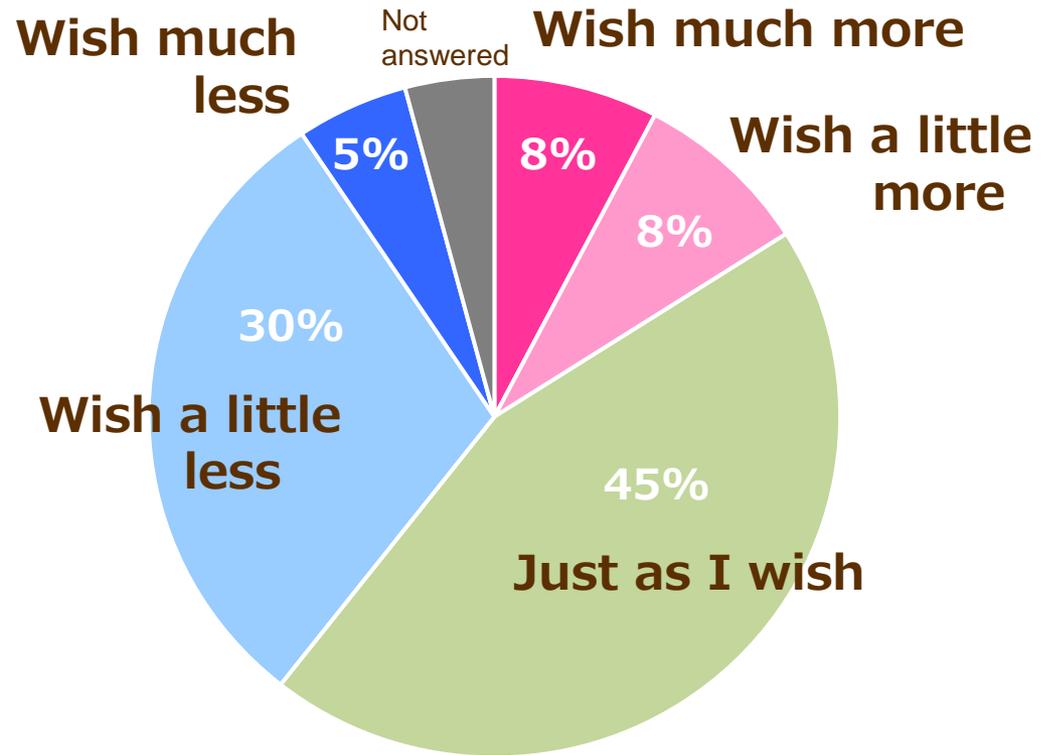
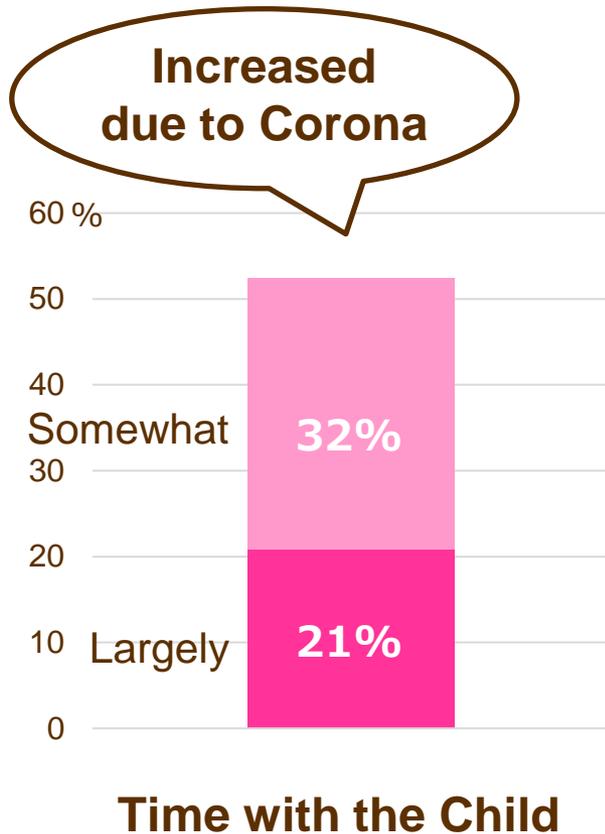
(by a 9<sup>th</sup> grade boy)

**Conversations, hugs and handshakes** with my parents helped me feel more at ease than before.

(by an 8<sup>th</sup> grade girl)



# Time to Spend with the Child



More than half had more time to spend with their child.



# Parenting Resources Lost due to Corona

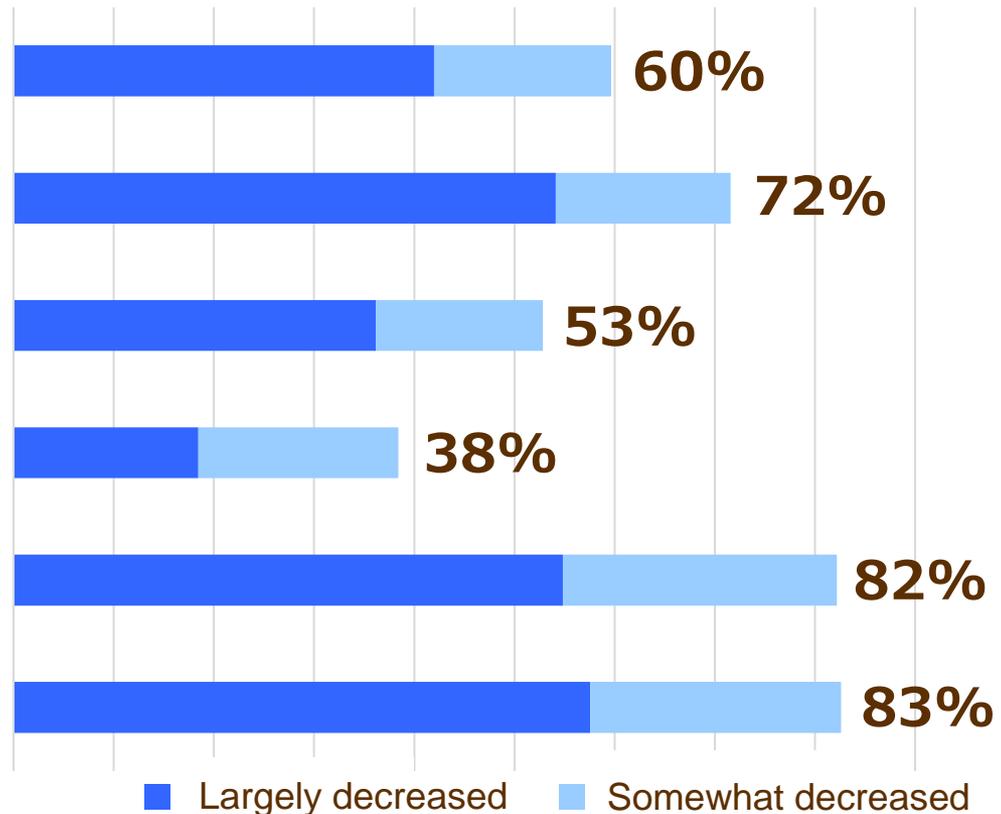
\*Answered as a reduction due to the COVID-19 pandemic.

## People, Place or Opportunities to ...

### Consult **in Private**

(Grandparents, Friends, etc.)

10 20 30 40 50 60 70 80 90 %



### Consult **in Public**

(Childcare Plaza, Health Checkups, Parent-Teacher Conferences, etc.)

### Care the Child **in Private**

(Grandparents, Friends, Babysitter, etc.)

### Care the Child **in Public**

(Nursery, Temporary Childcare, Afterschool, etc.)

### Let the Child Play Freely

(Park, Childcare Plaza, etc.)

### Let the Child Play with Peers

(Nursery, School, Childcare Plaza, Private Social Relations, etc.)

Childcare support during the pandemic is very important.

