

National Online Survey of Children's Well-being
During the COVID-19 Pandemic in Japan

 CORONA-CODOMO Survey

Part 4

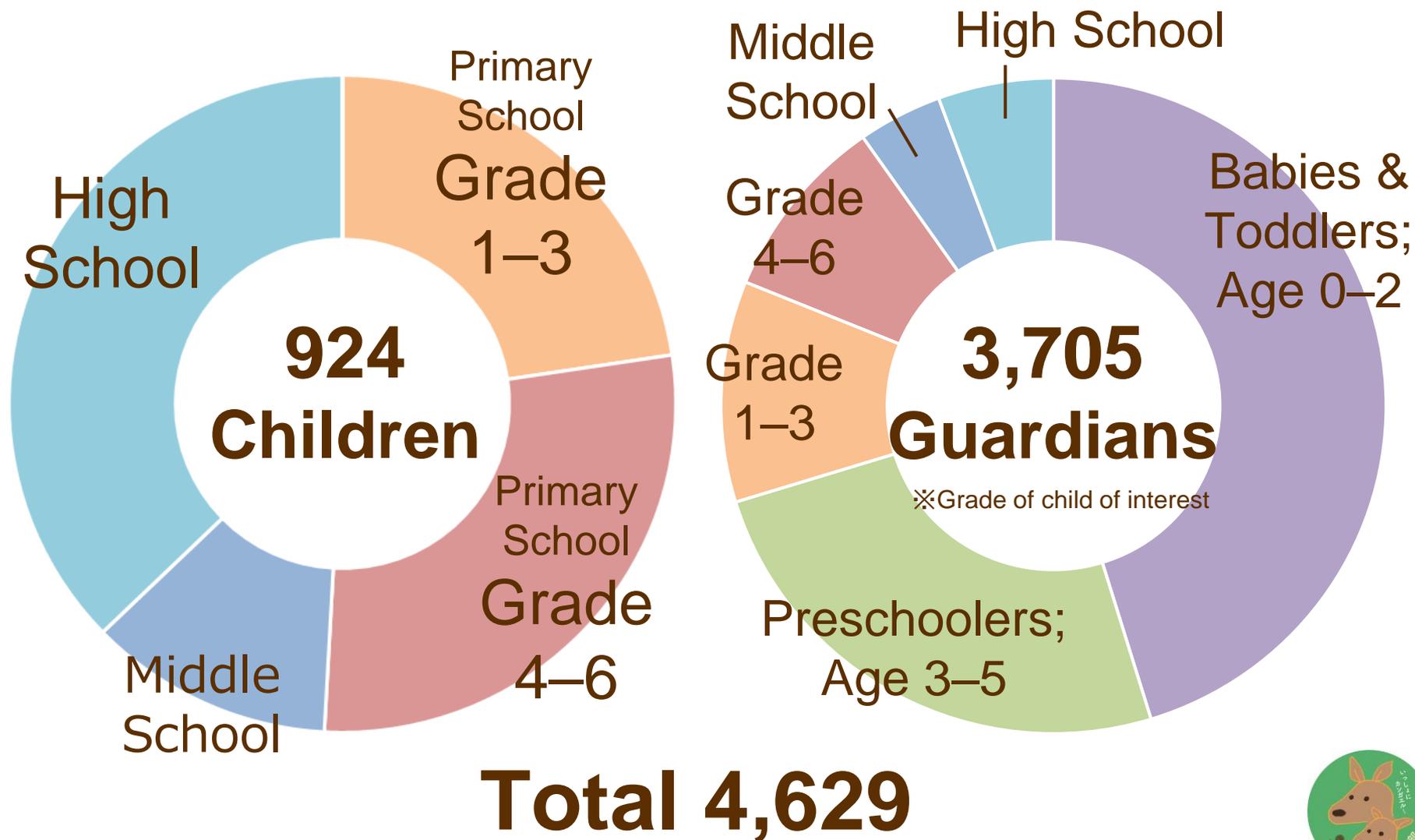


Digest Report of the 4th Wave

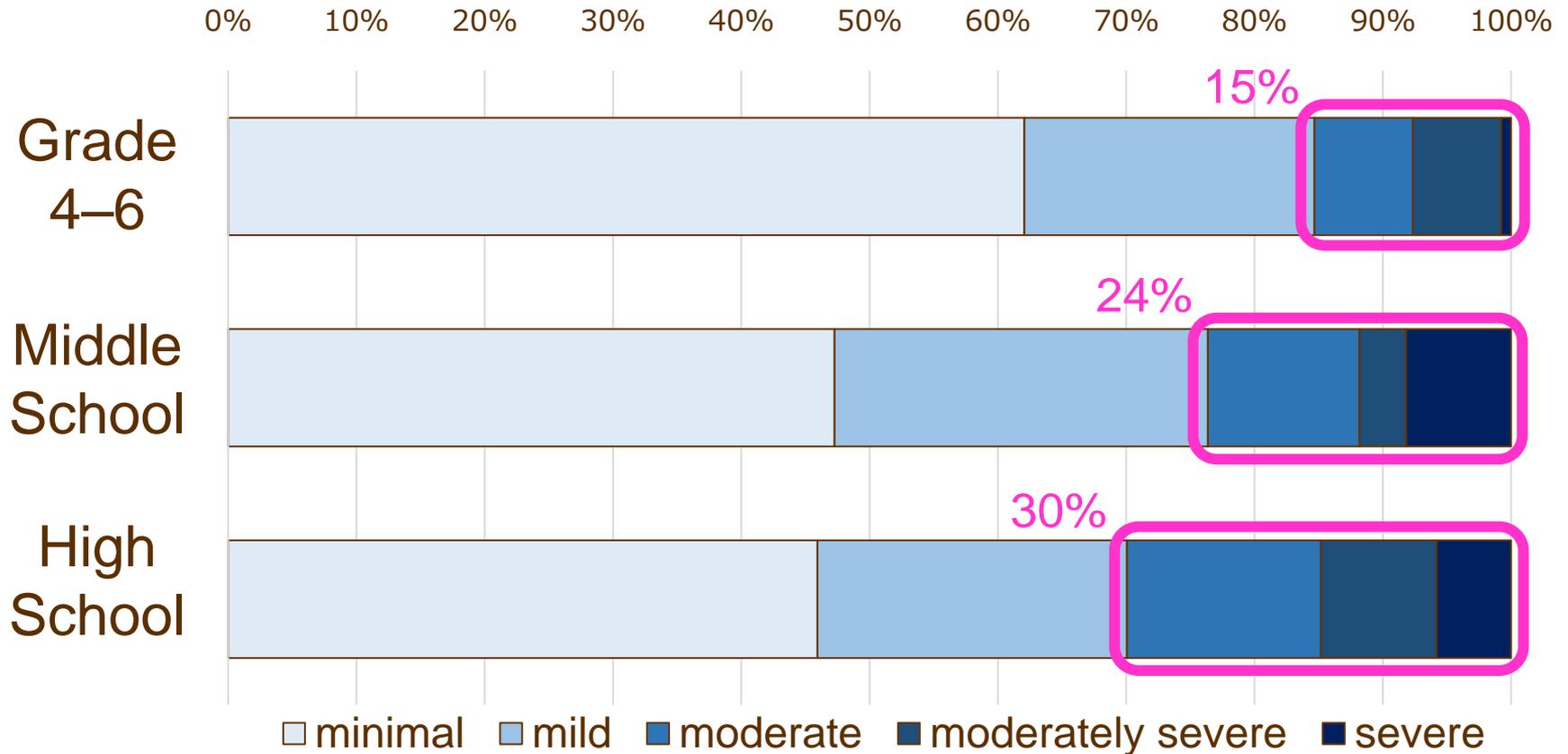
Based on survey responses from November 17 to December 27, 2020

English Version Report Date : April 8, 2021

THANK YOU for your participation !



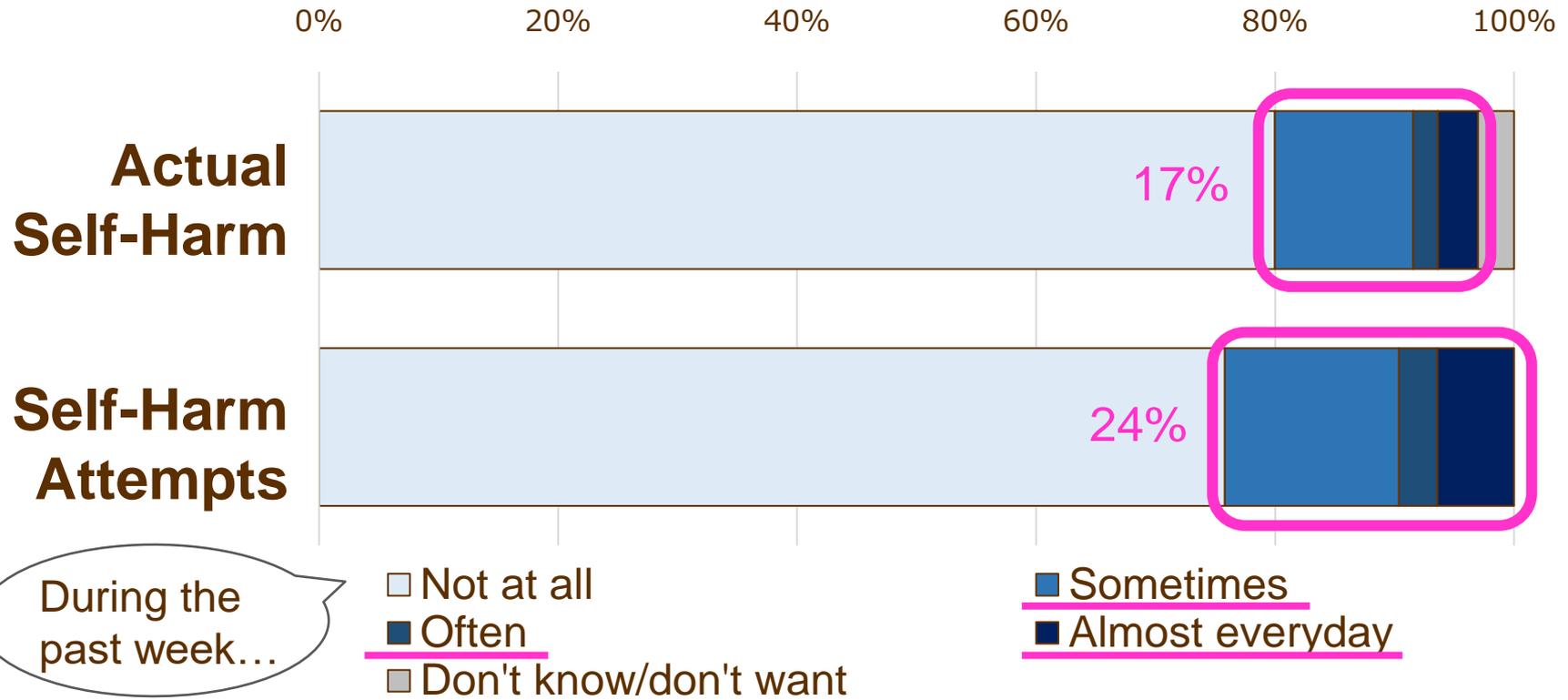
Depressive Symptoms measured by PHQ-A



One in 3 to 7 children have moderate or severer symptoms. Adults need to be aware of the children's SOS.



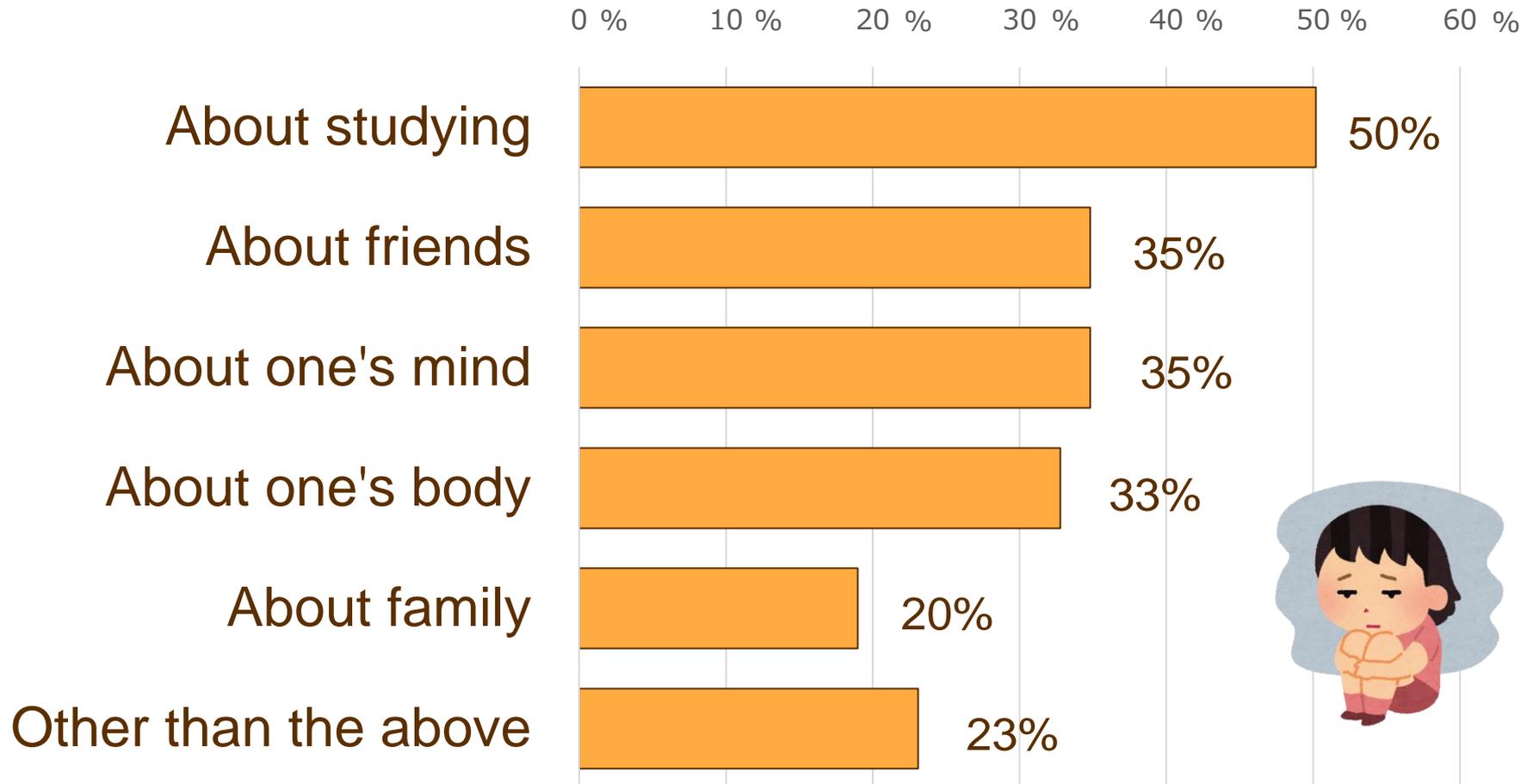
Self-Harm and Self-Harm Attempts



Don't deny that they feel like hurting themselves, or that they want to die. Just be there for their hard feelings, let them know you are worried about them, and keep them safe.



Children's Worries

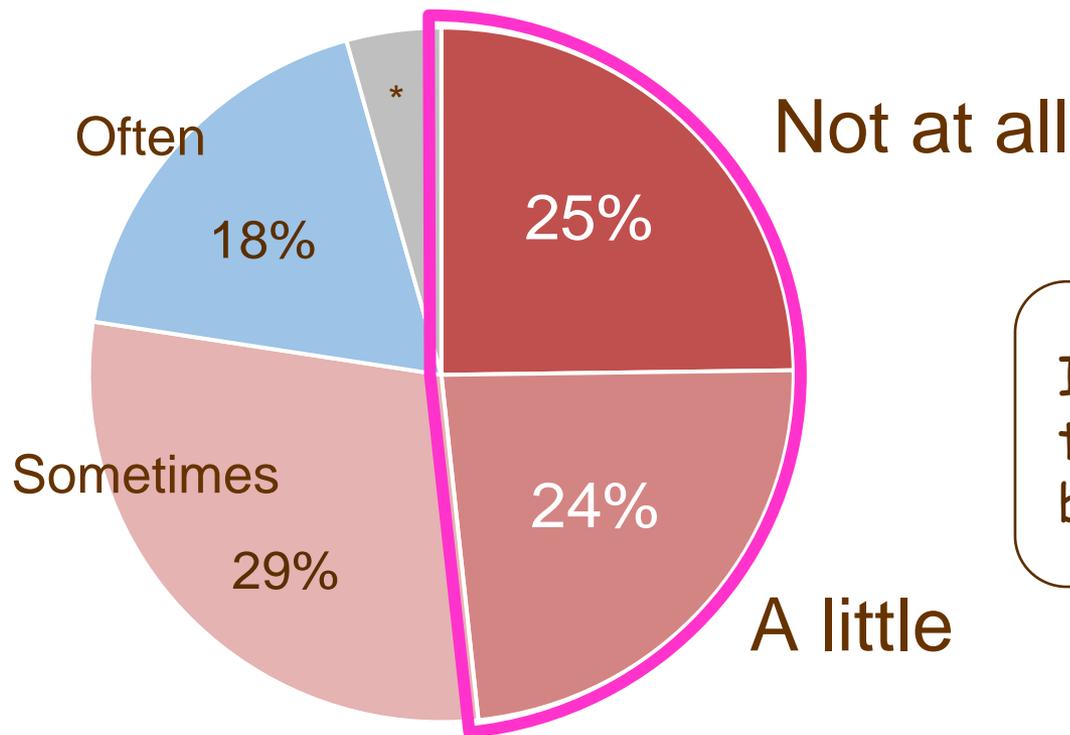


Some experience greater burden of studying than before.



Frequency of Stress-Coping

Are you reducing your stress by talking to someone about your worries or by doing something you like?

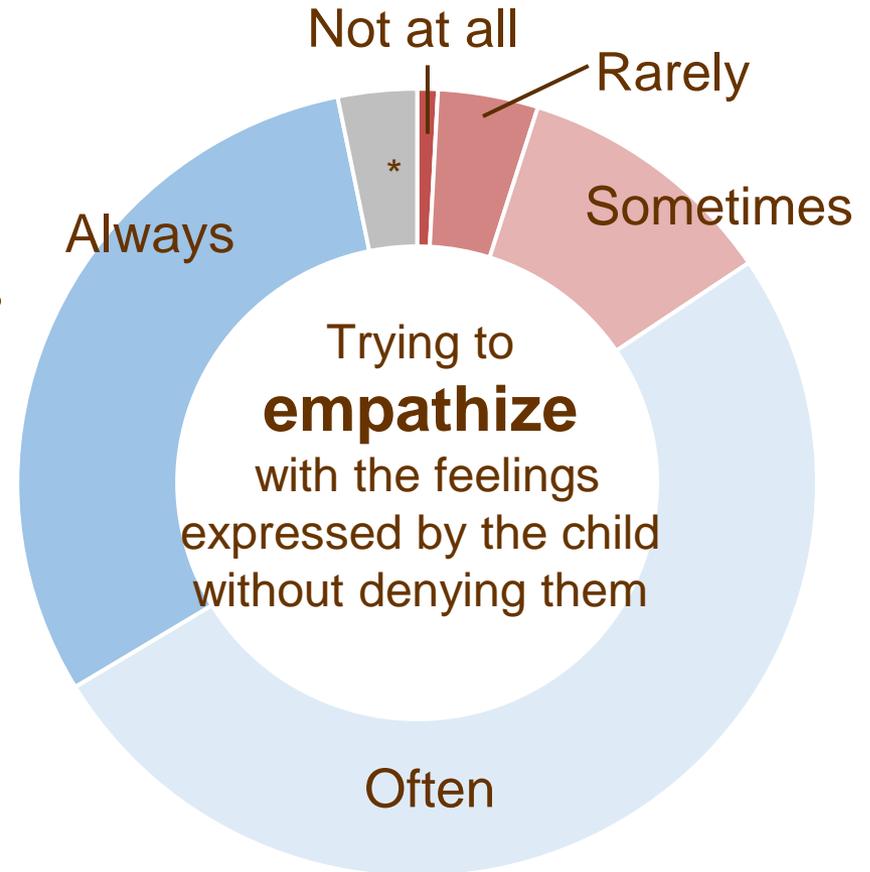


It's also great to think together about ways to better cope with stress.

*Don't know/don't want to answer



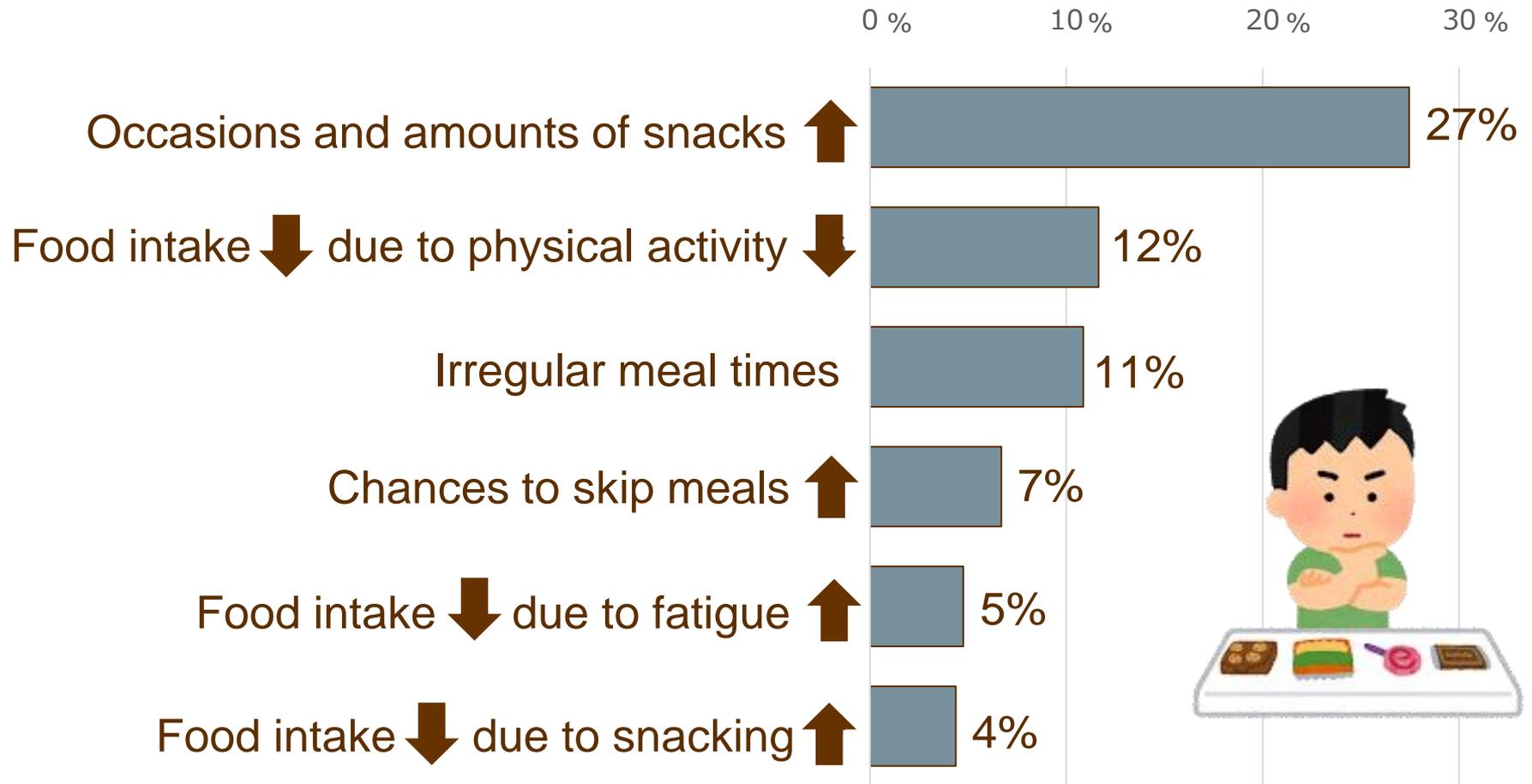
Preferred Parenting



Many guardians are very supportive to their child.



Eating Habit compared to pre-Corona



Nearly 30% of the children snack more than before.



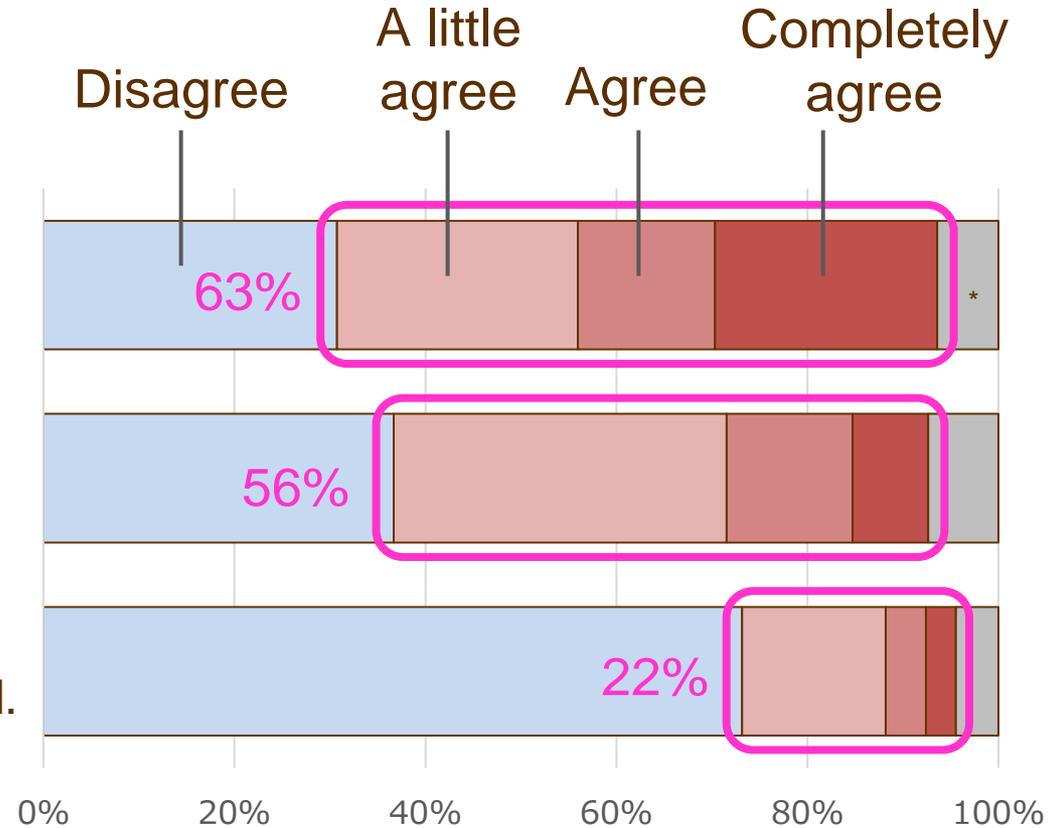
Stigma related to Corona



I want to keep it a secret if my family were to catch Corona.

People who caught Corona probably had acted improperly.

I don't want to play with people who caught Corona and have cured.



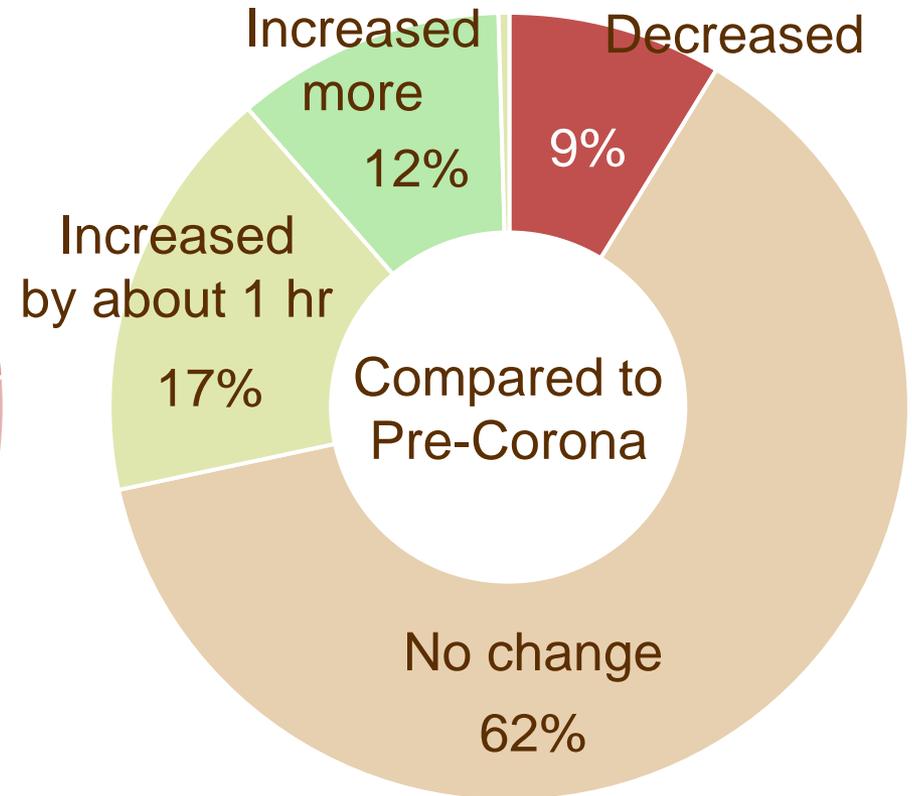
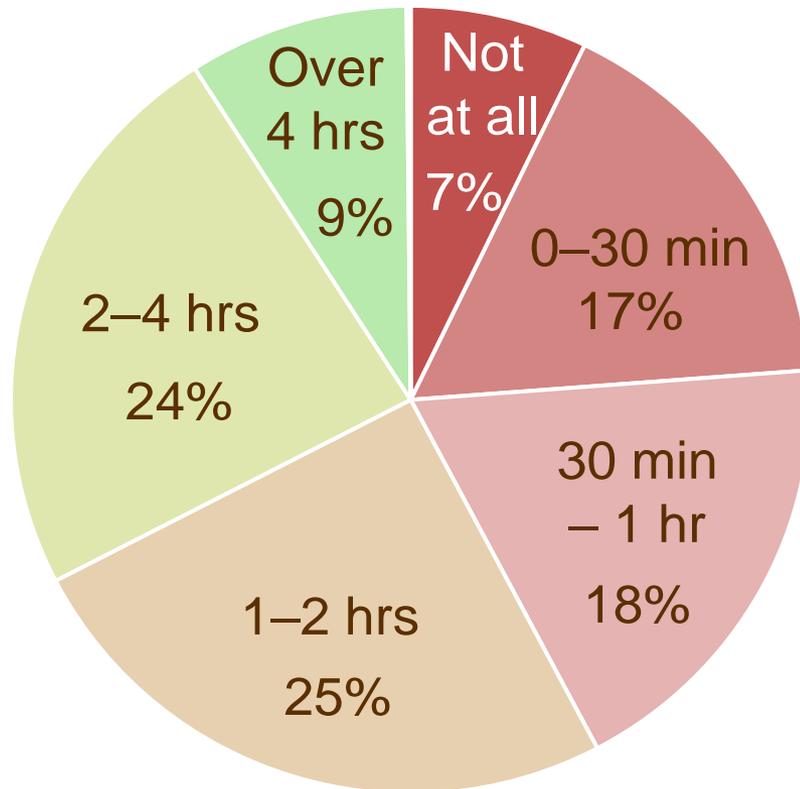
*Don't know/don't want to answer

Knowing accurate information can prevent anxiety and fear of the invisible enemy (virus), and stigma that arise from them.



Father's Parenting Time*

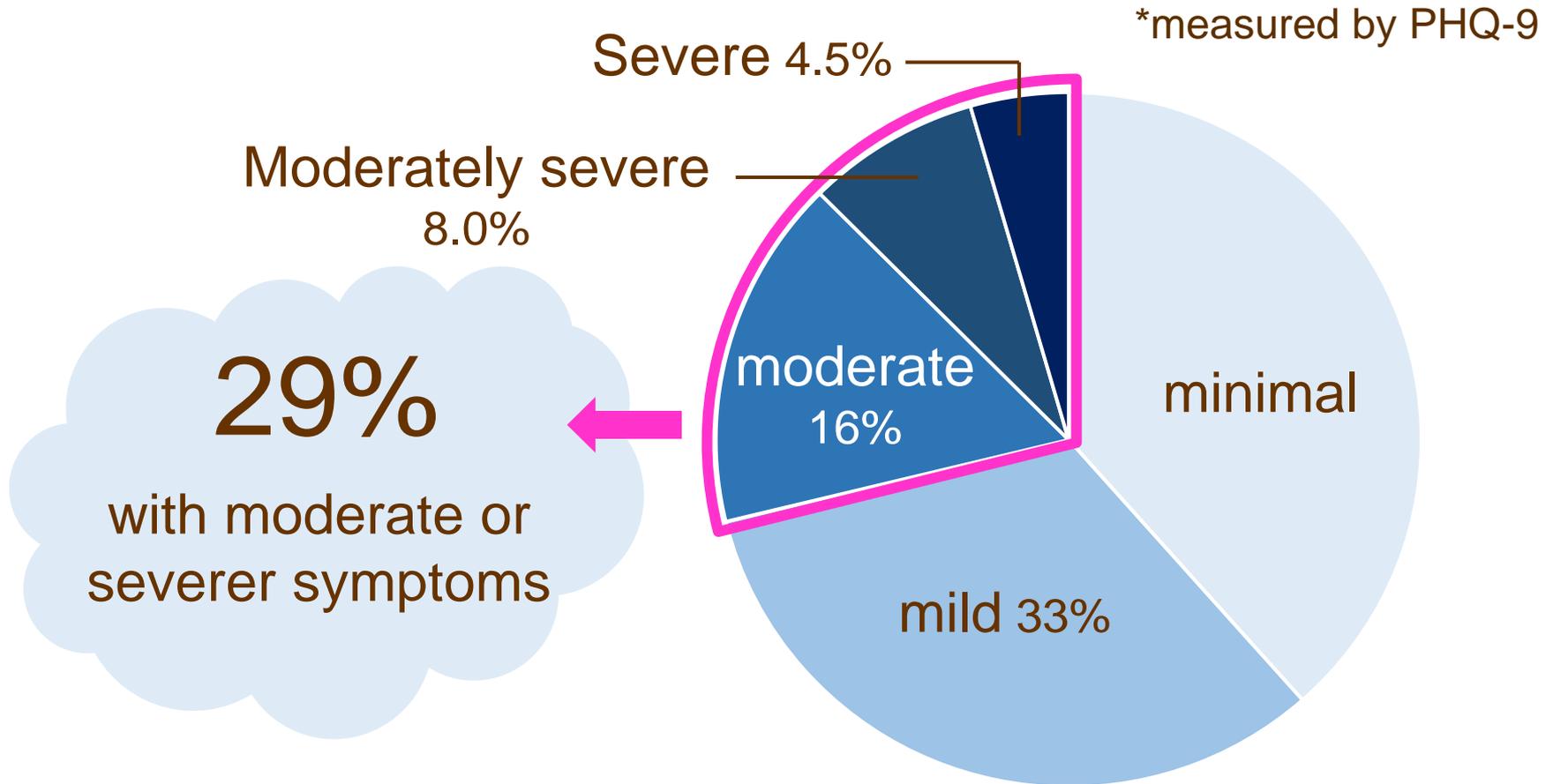
*excluding time spent in the same place with the child but doing something else or sleeping.



About 30% of the fathers have experienced a change in their work-life balance. Helping each other in a family is important.



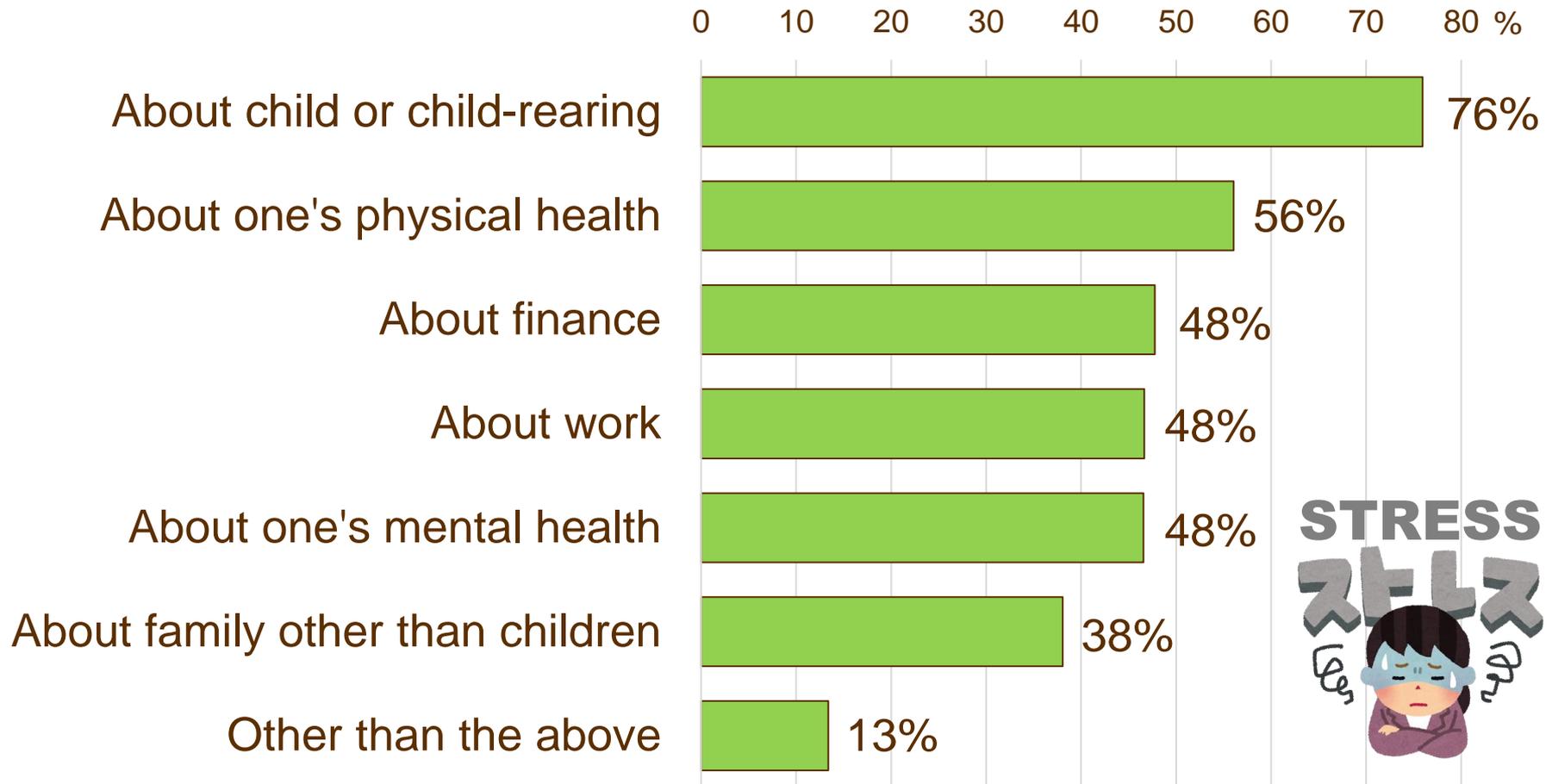
Guardian's Depressive Symptoms*



Many guardians experiences some depressive symptoms. More support from those around them at home or at work is needed.



Guardian's Worries



Don't keep it all to yourself. Try to ask around for help.

